PBH Health LLC
Embrace Health, Enjoy Longevity
support@pbhhealthllc.com | 202-240-7159 | Fax 202-449-1044 | www.pbhhealthllc.com

CLIENT EDUCATION

Foundayo and Medicare: Who Qualifies for $50 a Month

Information for members | Version 1.1, 29 October 2026

Welcome

If you have Medicare and want help with your weight, you may have heard that a new pill called Foundayo (orforglipron) can cost as little as $50 a month. This sheet explains who can get that price and how long the program lasts. Fill in the checklist on the next page and bring it to your visit.

Who can get it

Medicare has a new program called the Medicare GLP-1 Bridge. It pays for weight-loss medicines like Foundayo for people who fit its rules. Three things must be true.

1. **You have Medicare drug coverage.** That means a Part D drug plan, or a Medicare Advantage plan that includes drug coverage. Medicare by itself, with no drug plan, is not enough.
2. **Your weight and health fit the rules.** BMI is a number worked out from your height and weight. Dr. Herbert will work it out for you, using your weight on the day you first started a GLP-1 medicine, not your weight today. You qualify with a BMI of 35 or more. Or a BMI of 30 or more plus heart failure, hard-to-control blood pressure, or kidney disease. Or a BMI of 27 or more plus prediabetes, a past heart attack, a past stroke, or artery disease in your legs.
3. **You do not have type 2 diabetes, moderate or severe sleep apnea, or liver scarring from fatty liver disease (MASH).** People with those conditions get GLP-1 medicines through their regular Part D plan instead.

The same program also covers Wegovy and the Zepbound pen. Dr. Herbert will talk with you about which fits you best.

How long it lasts, what it costs, and what happens next

- The program **started on July 1, 2026 and runs through December 31, 2027.** Dr. Herbert will tell you if Medicare changes the rules.
- You pay **$50 for each 30-day supply** at the pharmacy.
- Dr. Herbert writes the prescription. The pharmacy sends the claim to Medicare, and Medicare asks Dr. Herbert to confirm your health details. This happens once, on your first fill.
- Medicare mails you its decision, usually within a few days. Then you pick up your medicine. Refills need no new approval while you stay on Foundayo, even if your dose goes up.

Sources: CMS, Medicare GLP-1 Bridge, Information for Providers (6 August 2026) and Prior Authorization Request Form; Eli Lilly, Medicare coverage for Foundayo (2026). Medicare decides eligibility, not PBH Health LLC. This sheet is general information, not a guarantee of coverage.

Your screening checklist

Circle your answers. If you are not sure, leave it blank and Dr. Herbert will go over it with you. Bring your Medicare card, your drug plan card, and your list of medicines.

#	Question	Your answer	What your answer means
1	Do you have a Medicare drug plan (Part D), or a Medicare Advantage plan with drug coverage?	Yes / No	Must be yes. Medicare with no drug plan cannot use this program.
2	Do you have type 2 diabetes?	Yes / No	If yes, this program is not for you. Your Part D plan decides instead.
3	Do you have moderate or severe sleep apnea, or use a CPAP?	Yes / No	If yes, your Part D plan decides instead.
4	Do you have fatty liver disease with scarring (MASH)?	Yes / No	If yes, your Part D plan decides instead.
5	Have you ever taken a GLP-1 medicine (Wegovy, Zepbound, Ozempic, Mounjaro, Foundayo)? If yes, when, and what did you weigh then?	Yes / No	Medicare uses your weight on the day you first started a GLP-1, even if you weigh less now.
6	Have you been told you have prediabetes, or had an A1c between 5.7 and 6.4?	Yes / No	Counts at a BMI of 27 or more.
7	Have you ever had a heart attack or a stroke?	Yes / No	Counts at a BMI of 27 or more.
8	Do you get leg pain when you walk that goes away when you rest?	Yes / No	May be artery disease in the legs. Counts at a BMI of 27 or more once confirmed.
9	Have you been told you have heart failure?	Yes / No	Counts at a BMI of 30 or more for one type of heart failure. Dr. Herbert checks the type.
10	Is your blood pressure still above 140 over 90 on two or more medicines?	Yes / No	Counts at a BMI of 30 or more.
11	Do you have chronic kidney disease, stage 3 or worse?	Yes / No	Counts at a BMI of 30 or more.

Questions? Call 202-240-7159 or write to support@pbhhealthllc.com. For more about PBH Health LLC, visit www.pbhhealthllc.com.

Pamela Anne Herbert, M.D.
Founder and Medical Director, PBH Health LLC